

# AUGUST 2020

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<b>29</b>	<b>Nassau</b>	<b>30</b>	<b>Nassau/WW</b>					<b>29</b>	<b>Nassau/WW/CP</b>	<b>30</b>	<b>Nassau/WW</b>	<b>1</b>	<b>Nassau</b>
Grp 1		Grp 1	9:45-11:00AM Nassa	Grp 1		Grp 1		Grp 1	9:15-11:00 Nassau	Grp 1	9:15-11:00AM Nassa	Grp 1	8:45-10:00
Grp 2	7:45-9:30AM Nassau	Grp 2	Off	Grp 2		Grp 2		Grp 2	2:15-4:30 WW	Grp 2	2:15-4:30 WW	Grp 2	
Grp 3	9:15-11:00AM Nassa	Grp 3	2:15-4:30 WW	Grp 3		Grp 3		Grp 3		Grp 3	2:15-4:30 WW	Grp 3	
Senior	5:45-8:00AM Nassau	Senior	7:45-10:00AM Nassa	Senior		Senior		Senior	6:15-8:00PM CP confirmed	Senior	7:45-9:30AM Nassau	Senior	7:15-9:00AM
Elite		Elite	5:45-8:00AM Nassau	Elite		Elite		Elite	7:15-9:30AM Nassau	Elite	5:45-8:00AM Nassau	Elite	5:45-7:30AM
								Elite	6:15-8:00PM CP			S&T	9:45-11:00
<b>2</b>	<b>Nassau</b>	<b>3</b>	<b>Nassau/WW</b>	<b>4</b>	<b>Nassau/WW</b>	<b>4</b>	<b>Nassau/WW</b>	<b>6</b>	<b>Nassau/WW/CP</b>	<b>7</b>	<b>Nassau/WW</b>	<b>8</b>	<b>Nassau</b>
Grp 1		Grp 1	9:45-11:00AM Nassa	Grp 1		Grp 1	7:45-9:30AM Nassau	Grp 1	9:15-11:00 Nassau	Grp 1	9:15-11:00AM Nassa	Grp 1	8:45-10:00
Grp 2	7:45-9:30AM Nassau	Grp 2	Off	Grp 2	9:15-11:00AM Nassa	Grp 2		Grp 2	2:15-4:30 WW	Grp 2	2:15-4:30 WW	Grp 2	
Grp 3	9:15-11:00AM Nassa	Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3		Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3	
Senior	5:45-8:00AM Nassau	Senior	7:45-10:00AM Nassa	Senior	7:45-9:30AM Nassau	Senior		Senior	6:15-8:00PM CP Confirmed	Senior	7:45-9:30AM Nassau	Senior	7:15-9:00AM
Elite		Elite	5:45-8:00AM Nassau	Elite	5:45-8:00AM Nassau	Elite		Elite	7:15-9:30AM Nassau	Elite	5:45-8:00AM Nassau	Elite	5:45-7:30AM
						S&T	9:15-11:00AM Nassa	Elite	6:15-8:00PM CP			S&T	9:45-11:00
<b>9</b>	<b>Nassau</b>	<b>10</b>	<b>Nassau/WW</b>	<b>11</b>	<b>Nassau/WW</b>	<b>12</b>	<b>Nassau/WW</b>	<b>13</b>	<b>Nassau/WW/CP</b>	<b>14</b>	<b>Nassau/WW</b>	<b>15</b>	<b>Nassau</b>
Grp 1		Grp 1	9:45-11:00AM Nassa	Grp 1		Grp 1	7:45-9:30AM Nassau	Grp 1	9:15-11:00 Nassau	Grp 1	9:15-11:00AM Nassa	Grp 1	8:45-10:00
Grp 2	7:45-9:30AM Nassau	Grp 2	Off	Grp 2	9:15-11:00AM Nassa	Grp 2		Grp 2	2:15-4:30 WW	Grp 2	2:15-4:30 WW	Grp 2	
Grp 3	9:15-11:00AM Nassa	Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3		Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3	
Senior	5:45-8:00AM Nassau	Senior	7:45-10:00AM Nassa	Senior	7:45-9:30AM Nassau	Senior		Senior	6:15-8:00PM CP Not confirmed	Senior	7:45-9:30AM Nassau	Senior	7:15-9:00AM
Elite		Elite	5:45-8:00AM Nassau	Elite	5:45-8:00AM Nassau	Elite		Elite	7:15-9:30AM Nassau	Elite	5:45-8:00AM Nassau	Elite	5:45-7:30AM
						S&T	9:15-11:00AM Nassa	Elite	6:15-8:00PM CP			S&T	9:45-11:00
<b>16</b>	<b>Nassau</b>	<b>17</b>	<b>Nassau/WW</b>	<b>18</b>	<b>Nassau/WW</b>	<b>19</b>	<b>Nassau/WW</b>	<b>20</b>	<b>Nassau/WW/CP</b>	<b>21</b>	<b>Nassau/WW</b>	<b>22</b>	<b>Nassau</b>
Grp 1		Grp 1	9:45-11:00AM Nassa	Grp 1		Grp 1	7:45-9:30AM Nassau	Grp 1	9:15-11:00 Nassau	Grp 1	9:15-11:00AM Nassa	Grp 1	8:45-10:00
Grp 2	7:45-9:30AM Nassau	Grp 2	Off	Grp 2	9:15-11:00AM Nassa	Grp 2		Grp 2	2:15-4:30 WW	Grp 2	2:15-4:30 WW	Grp 2	
Grp 3	9:15-11:00AM Nassa	Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3		Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3	
Senior	5:45-8:00AM Nassau	Senior	7:45-10:00AM Nassa	Senior	7:45-9:30AM Nassau	Senior		Senior	6:15-8:00PM CP Not confirmed	Senior	7:45-9:30AM Nassau	Senior	7:15-9:00AM
Elite		Elite	5:45-8:00AM Nassau	Elite	5:45-8:00AM Nassau	Elite		Elite	7:15-9:30AM Nassau	Elite	5:45-8:00AM Nassau	Elite	5:45-7:30AM
						S&T	9:15-11:00AM Nassa	Elite	6:15-8:00PM CP			S&T	9:45-11:00
<b>22</b>	<b>Nassau</b>	<b>23</b>	<b>Nassau/WW</b>	<b>24</b>	<b>Nassau/WW</b>	<b>25</b>	<b>Nassau/WW</b>	<b>26</b>	<b>Nassau/WW/CP</b>	<b>27</b>	<b>Nassau/WW</b>	<b>28</b>	<b>Nassau</b>
Grp 1		Grp 1	9:45-11:00AM Nassa	Grp 1		Grp 1	7:45-9:30AM Nassau	Grp 1	9:15-11:00 Nassau	Grp 1	9:15-11:00AM Nassa	Grp 1	8:45-10:00
Grp 2	7:45-9:30AM Nassau	Grp 2	Off	Grp 2	9:15-11:00AM Nassa	Grp 2		Grp 2	2:15-4:30 WW	Grp 2	2:15-4:30 WW	Grp 2	
Grp 3	9:15-11:00AM Nassa	Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3		Grp 3	2:15-4:30 WW	Grp 3	2:15-4:30 WW	Grp 3	
Senior	5:45-8:00AM Nassau	Senior	7:45-10:00AM Nassa	Senior	7:45-9:30AM Nassau	Senior		Senior	6:15-8:00PM CP Not confirmed	Senior	7:45-9:30AM Nassau	Senior	7:15-9:00AM
Elite		Elite	5:45-8:00AM Nassau	Elite	5:45-8:00AM Nassau	Elite		Elite	7:15-9:30AM Nassau	Elite	5:45-8:00AM Nassau	Elite	5:45-7:30AM
						S&T	9:15-11:00AM Nassa	Elite	6:15-8:00PM CP			S&T	9:45-11:00