JULY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 DeNunzio Grp 1 off Grp 2 off Grp 3 Senior Elite Summer Sizzle	**2** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:00 Senior 6:00-8:30 Elite 6:00-8:30 Elite 6:15-8:30AM	**3** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 6:00-8:30 Senior 4:20-7:15 Elite 4:20-7:15	**4** DeNunzio Grp 1 Grp 2 Grp 3 Senior Elite Holiday	**5** DeNunzio Grp 1 6:15-8:15 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior 4:20-7:15 Elite 4:20-7:15	**6** DeNunzio Grp 1 off Grp 2 4:20-7:00 Grp 3 4:20-7:00 Senior 6:00-8:30 Elite 6:00-8:30 Elite 6:15-8:30AM	**7** Dillon Grp 1 ??? Grp 2 3:45-5:30 Grp 3 off Senior 2:15-4:15 Elite 2:15-5:30 Grp4&5
8 Dillon Grp 1 off Grp 2 off Grp 3 3:45-5:30 Senior 2:15-4:45 Elite 2:15-5:30	**9** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:00 Senior 6:00-8:30 Elite 6:00-8:30 Elite 6:15-8:30AM	**10** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 OFF Senior 4:20-7:15 Elite 4:20-7:15	**11** DeNunzio Grp 1 6:15-7:45 Grp 2 4:20-7:00 Grp 3 4:20-7:00 Senior 6:15-8:45 Elite 6:15-8:45 Elite 8:15-8:30 AM	**12** DeNunzio Grp 1 6:15-8:15 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior 4:20-7:15 Elite 4:20-7:15	**13** DeNunzio Grp 1 Silver/Bronze Grp 2 Silver/Bronze Grp 3 1:00-3:15 Senior 1:00-3:15 Elite 1:00-3:15 Eliote Silver/Bronze	**14** Dillon Grp 1 Grp 2 Grp 3 11:45-2:00 Senior 11:45-2:00 Elite 11:45-2:00 Silver meet
15 Dillon Grp 1 Grp 2 Grp 3 off Senior off Elite off Silver meet	**16** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:00 Senior 6:00-8:30 Elite 6:00-8:30 Elite 6:15-8:30AM	**17** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 OFF Senior 4:20-7:15 Elite 4:20-7:15	**18** DeNunzio Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior off Elite off Tryout 7:30-8:45 Elite 6:15-8:30AM	**19** DeNunzio Grp 1 6:15-8:15 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior 4:20-7:15 Elite 4:20-7:15	**20** DeNunzio Grp 1 off Grp 2 4:20-6:30 Grp 3 4:20-6:30 Senior 6:00-8:30 Elite 6:00-8:30 Elite	**21** DeNunzio Grp 1 7:30-8:45 AM Grp 2 6:30-8:45 AM Grp 3 6:30-8:45 AM Senior 6:30-8:45 AM Elite 6:30-8:45 AM
22 Dillon Grp 1 off Grp 2 off Grp 3 6:30-8:45 AM Senior 6:30-8:45 AM Elite 6:30-8:45 AM	**23** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:00 Senior 6:00-8:30 Elite 6:00-8:30	**24** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 OFF Senior 4:20-7:15 Elite 4:20-7:15	**25** DeNunzio Grp 1 6:15-7:45 Grp 2 5:00-6:30 JO Swimme Grp 3 5:00-6:30 JO Swimme Senior 4:00-5:30 JO swimmer Elite 4:00-5:30 JO swimmer	**26** DeNunzio Grp 1 off Grp 2 4:30-6:30 Grp 3 4:30-6:30 Senior 4:30-6:30 Elite 4:30-6:30 Grp4&5	**27** DeNunzio Grp 1 off Grp 2 Grp 3 Senior Elite JO	**28** DeNunzio Grp 1 Grp 2 Grp 3 Senior Elite JO
29 DeNunzio Grp 1 off Grp 2 Grp 3 Senior Elite JO	**30** DeNunzio Grp 1 Grp 2 Grp 3 4:30-6:30 Zone swimm Senior 4:30-6:30 Zone swimm Elite 4:30-6:30 Future swim	**31** DeNunzio Grp 1 Grp 2 Grp 3 4:30-6:30 Zone swimm Senior 4:30-6:30 Zone swimm Elite 4:30-6:30 Future swim	**1** DeNunzio Grp 1 Grp 2 Grp 3 4:30-6:30 Zone swimm Senior 4:30-6:30 Zone swimm Elite 4:30-6:30 Future swim	**2** DeNunzio Grp 1 Grp 2 Grp 3 4:30-6:30 Zone swimm Senior 4:30-6:30 Zone swimm Elite 4:30-6:30 Zone swimm	**3** DeNunzio Grp 1 Grp 2 Grp 3 4:30-6:30 Zone swimm Senior 4:30-6:30 Zone swimm Elite 4:30-6:30 Zone swimm	**4** DeNunzio Grp 1 Grp 2 Grp 3 8:15-10:00 Zone swimm Senior 8:15-10:00 Zone swimm Elite 8:15-10:00 Zone swimm