JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DeNunzio Grp 1 off Grp 2 off Grp 3 Senior Elite Summer Sizzle	**1** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:15 Senior 6:00-8:30 Elite 6:00-9:15 Elite 6:15-8:30AM	**2** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 off Senior 4:20-7:15 Elite 4:20-7:15	**3** DeNunzio Grp 1 6:15-8:00 Grp 2 4:20-7:15 Grp 3 4:20-7:15 Senior 6:15-8:45 Elite 6:15-8:45 Elite 6:15-8:30 AM	**4** DeNunzio Grp 1 Grp 2 Grp 3 Senior Elite Holiday	**5** DeNunzio Grp 1 6:00-7:30PM Grp 2 6:00-8:30 Grp 3 6:00-8:30 Senior 4:20-7:15 Elite 4:20-7:15 Elite 6:15-8:30AM	**6** JW Grp 1 Grp 2 Grp 3 7:45-10:00AM Senior 7:45-10:00AM Elite 7:45-10:00AM Summer Luau Grp4&5
7 Dillon Grp 1 off Grp 2 off Grp 3 off Senior off Elite off Summer Luau	**8** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:15 Senior 6:00-8:30 Elite 6:00-9:15 Elite 6:15-8:30AM	**9** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 OFF Senior 4:20-7:15 Elite 4:20-7:15	**10** DeNunzio Grp 1 6:15-8:00 Grp 2 4:20-7:15 Grp 3 4:20-7:15 Senior 6:15-8:45 Elite 6:15-8:45 Elite 6:15-8:30 AM	**11** DeNunzio Grp 1 6:15-8:00 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior 4:20-7:15 Elite 4:20-7:15	**12** DeNunzio Grp 1 Silver/Bronze Grp 2 Silver/Bronze Grp 3 12:45-3:00 Senior 12:45-3:00 Elite 12:45-3:00 Elite 6:15-8:30AM Silver/Bronze	**13** Dillon Grp 1 Grp 2 Grp 3 Senior 12:00-2::15Dillon Elite 12:00-2:15Dillon Silver meet
14 Dillon Grp 1 Grp 2 Grp 3 off Senior off Elite off Silver meet	**15** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:15 Senior 6:00-8:30 Elite 6:00-9:15 Elite 6:15-8:30AM	**16** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 OFF Senior 4:20-7:15 Elite 4:20-7:15	**17** DeNunzio Grp 1 6:15-8:00 Grp 2 4:20-7:15 Grp 3 4:20-7:15 Senior off Elite off Tryout 6:30-8:00PM Elite 6:15-8:30 AM	**18** DeNunzio Grp 1 6:15-8:00 Grp 2 off Grp 3 4:20-7:15 Senior 4:20-7:15 Elite 4:20-7:15	**19** DeNunzio Grp 1 off Grp 2 6:00-8:30 Grp 3 4:20-7:15 Senior 4:20-7:15 Elite 4:20-7:15 Elite	**20** DeNunzio Grp 1 8:45-10:00 Grp 2 7:45-10:00 Grp 3 7:45-10:00 Senior 7:45-10:00 Elite 7:45-10:00
21 DeNunzio Grp 1 Grp 2 Grp 3 off Senior off Elite off	**22** DeNunzio Grp 1 4:30-6:30 Grp 2 Grp 3 4:20-7:15 Senior 6:00-8:30 Elite 6:00-9:15	**23** DeNunzio Grp 1 OFF Grp 2 6:00-8:30 Grp 3 OFF Senior 4:20-7:15 Elite 4:20-7:15	**24** DeNunzio Grp 1 6:15-8:00 Grp 2 4:20-7:15 Grp 3 4:20-7:15 Senior 6:15-8:45 Elite 6:15-8:45	**25** DeNunzio Grp 1 off Grp 2 4:00-6:30 JO swimme Grp 3 4:00-6:30 JO swimme Senior 4:00-6:30 JO swimme Elite 4:00-6:30 JO & Futur	**26** DeNunzio Grp 1 off Grp 2 Grp 3 Senior Elite 6:00-8:30PM Future s JO	**27** DeNunzio Grp 1 Grp 2 Grp 3 Senior Elite 7:45-10:00AM Future JO
28 DeNunzio Grp 1 off Grp 2 Grp 3 Senior Elite JO	**29** DeNunzio(TBA) Grp 1 Grp 2 5:30-8:00PM Zone sw Grp 3 5:30-8:00PM Zone sw Senior 5:30-8:00PM Zone sw Elite 5:30-8:00PM Future s	**30** DeNunzio(TBA) Grp 1 Grp 2 4:00-6:30 Zone swimn Grp 3 4:00-6:30 Zone swimn Senior 4:00-6:30 Zone swimn Elite 4:00-6:30 Future swi	**31** DeNunzio(TBA) Grp 1 Grp 2 Grp 3 Senior Elite	**1** DeNunzio Grp 1 Grp 2 Grp 3 4:30-6:30 Zone swimn Senior 4:30-6:30 Zone swimn Elite 4:30-6:30 Zone swimn	**2** DeNunzio Grp 1 Grp 2 Grp 3 4:30-6:30 Zone swimn Senior 4:30-6:30 Zone swimn Elite 4:30-6:30 Zone swimn	**3** DeNunzio(TBA) Grp 1 Grp 2 Grp 3 Senior Elite