

# JUNE 2017

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
DeNunzio		DeNunzio		DeNunzio		DeNunzio		1 DeNunzio		2 DeNunzio		3 DeNunzio	
Grp 1		Grp 1		Grp 1		Grp 1		Grp 1	6:15-8:15	Grp 1	off	Grp 1	
Grp 2		Grp 2		Grp 2		Grp 2		Grp 2	off	Grp 2	6:15-8:30	Grp 2	
Grp 3		Grp 3		Grp 3		Grp 3		Grp 3	off	Grp 3	6:15-8:30	Grp 3	
Senior		Senior		Senior		Senior		Senior	4:30-7:30	Senior	4:30-7:30	Senior	6:15-8:30 AMSsional
Elite		Elite		Elite		Elite		Elite	4:30-7:30	Elite	4:30-7:30	Elite	6:15-8:30 AMSsional
		S&T								S&T	4:30-5:45 MHS	Elite	Heatmadness
<b>4 DeNunzio</b>		<b>5 DeNunzio</b>		<b>6 DeNunzio</b>		<b>7 DeNunzio</b>		<b>8 DeNunzio</b>		<b>9 Dillon</b>		<b>10 Dillon</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	OFF	Grp 1	6:15-7:45	Grp 1	6:15-8:15	Grp 1	off	Grp 1	2:30-4:00
Grp 2		Grp 2		Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	
Grp 3	7:45-10:00 AM	Grp 3	6:15-8:45	Grp 3	OFF	Grp 3	6:15-8:45	Grp 3	6:15-8:45	Grp 3	Make up on Thur	Grp 3	
Senior	7:45-10:00 AM	Senior	4:30-7:30	Senior	4:30-7:30	Senior	4:30-7:30	Senior	4:30-7:30	Senior	off	Senior	3:30-5:45
Elite	7:45-10:00 AM	Elite	4:30-7:30	Elite	4:30-7:30	Elite	4:30-7:30	Elite	4:30-7:30	Elite	off	Elite	3:30-5:45
		S&T	4:30-5:45 MHS			S&T	4:30-5:45 MHS			S&T	4:30-5:45 MHS	Elite	
<b>11 Dillon</b>		<b>12 DeNunzio</b>		<b>13 DeNunzio</b>		<b>14 DeNunzio</b>		<b>15 DeNunzio</b>		<b>16 DeNunzio</b>		<b>17 Dillon</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	OFF	Grp 1	6:15-7:45	Grp 1	6:15-8:15	Grp 1	off	Grp 1	
Grp 2		Grp 2		Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	off	Grp 2	6:15-8:15	Grp 2	
Grp 3	3:00-5:30	Grp 3	6:15-8:45	Grp 3	OFF	Grp 3	6:15-8:45	Grp 3	off	Grp 3	6:15-8:15	Grp 3	
Senior	off	Senior	4:30-7:30	Senior	4:30-7:30	Senior	4:30-7:30	Senior	4:30-7:30	Senior	4:30-7:30	Senior	
Elite	off	Elite	4:30-7:30	Elite	4:30-7:30	Elite	4:30-7:30	Elite	4:30-7:30	Elite	4:30-7:30	Elite	Xcel meet
		S&T	4:30-5:45 MHS			S&T	4:30-5:45 MHS						
<b>18 DeNunzio</b>		<b>19 DeNunzio</b>		<b>20 DeNunzio</b>		<b>21 DeNunzio</b>		<b>22 DeNunzio</b>		<b>23 DeNunzio</b>		<b>24 DeNunzio</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	OFF	Grp 1	6:15-7:45	Grp 1	off	Grp 1	5:15-6:45	Grp 1	11:15-12:45
Grp 2		Grp 2		Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	4:30-7:15	Grp 2		Grp 2	11:15-1:45
Grp 3		Grp 3	6:15-8:45	Grp 3	OFF	Grp 3	6:15-8:45	Grp 3	4:30-7:15	Grp 3	off	Grp 3	11:15-1:45
Senior		Senior	4:30-7:30	Senior	4:30-7:30	Senior	4:30-7:30	Senior		Senior	4:30-7:30	Senior	11:15-1:45
Elite		Elite	4:30-7:30	Elite	4:30-7:30	Elite	4:30-7:30	Elite		Elite	4:30-7:30	Elite	11:15-1:45
	Xcel meet											Elite	
<b>25 DeNunzio</b>		<b>26 DeNunzio</b>		<b>27 DeNunzio</b>		<b>28 DeNunzio</b>		<b>29 DeNunzio</b>		<b>30 DeNunzio</b>		<b>DeNunzio</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	OFF	Grp 1	6:15-7:45	Grp 1	6:15-8:15	Grp 1	off	Grp 1	
Grp 2		Grp 2		Grp 2	6:15-8:45	Grp 2	4:30-7:15	Grp 2	off	Grp 2	6:15-8:45	Grp 2	
Grp 3	12:30-3:00	Grp 3	6:15-8:45	Grp 3	OFF	Grp 3	4:30-7:15	Grp 3	off	Grp 3	6:15-8:45	Grp 3	
Senior	12:30-3:00	Senior	4:30-7:30	Senior	4:30-7:30	Senior	off	Senior	4:30-7:30	Senior	4:30-7:30	Senior	
Elite	12:30-3:00	Elite	4:30-7:30	Elite	4:30-7:30	Elite	off	Elite	4:30-7:30	Elite	4:30-7:30	Elite	