

MARCH 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		DeNunzio	DeNunzio	1 DeNunzio	2 DeNunzio	3 Ddillon
Grp 1 Grp 2 Grp 3 Senior Elite	Grp 1 Grp 2 Grp 3 Senior Elite	Grp 1 Grp 2 Grp 3 Grp 4 Grp 5	Grp 1 Grp 2 Grp 3 Senior Elite S&T	Grp 1 6:15-8:15 Grp 2 off Grp 3 off Senior 6:15-8:45 Elite 6:15-9:30	Grp 1 off Grp 2 6:30-8:45 Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45	Grp 1 8:00-9:15 Grp 2 9:45-12:15 Grp 3 9:45-12:15 Senior 8:00-10:15 Elite 8:00-10:15 Elite 3:45-6:00
4 DeNunzio	5 DeNunzio	6 DeNunzio	7 DeNunzio	8 DeNunzio	9 DeNunzio	10 Dillon
Grp 1 Grp 2 Grp 3 7:45-10:30 am Senior 7:45-10:30 am Elite 7:45-10:30 am 13/over Silver/Zronze	Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	Grp 1 off Grp 2 6:15-8:45 Grp 3 off Senior 6:15-8:45 Elite 6:15-8:45	Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior off Elite off Tryout 7:30-8:45	Grp 1 6:15-8:15 Grp 2 off Grp 3 off Senior 6:15-8:45 Elite 6:15-9:30	Grp 1 off Grp 2 6:30-8:45 Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45 JO	Grp 1 8:00-9:45 Grp 2 9:45-12:15 Grp 3 9:45-12:15 Senior 8:00-10:15 Elite 8:00-10:15 JO Elite
11 DeNunzio	12 DeNunzio	13 DeNunzio	14 DeNunzio	15 DeNunzio	16 DeNunzio	17 DeNunzio
Grp 1 Grp 2 Grp 3 7:45-10:30 am Senior 7:45-10:30 am Elite 7:45-10:30 am JO	Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	Grp 1 off Grp 2 6:15-8:45 Grp 3 off Senior 7:15-9:45 Elite 6:15-8:45	Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior off Elite off	Grp 1 6:15-8:15 Grp 2 off Grp 3 off Senior 6:15-8:45 Elite 6:15-9:30	Grp 1 off Grp 2 6:15-8:15 Grp 3 6:15-8:15 Senior 6:15-8:15 Elite 6:15-8:45 JO	Grp 1 9:45-11:00 Grp 2 9:45-12:00 Grp 3 9:45-12:00 Senior 9:45-12:00 Elite 9:45-12:00 Elite
18 DeNunzio	19 DeNunzio	20 Ddillon	21 DeNunzio	22 DeNunzio	23 DeNunzio	24 DeNunzio
Grp 1 Grp 2 Grp 3 7:45-10:00 Senior 7:45-10:00 Elite 7:45-10:00	Grp 1 Grp 2 Grp 3 Senior Elite 6L15-8:15 Sessinal and Zone swimmers or	Grp 1 Grp 2 Grp 3 Senior Elite 6:30-9:00 Sessinal and Zone swimmers or	Grp 1 Grp 2 Grp 3 Senior Elite 6L15-8:45Zone 6:15-8:15 Sessinal	Grp 1 Grp 2 Grp 3 Senior Elite 6L15-8:45 Zone swimmers onlyf	Grp 1 Grp 2 Grp 3 Senior Elite 6:15-8:45 Zone swimmers onlyf	Grp 1 off Grp 2 off Grp 3 off Senior Elite 9:45-12:00 Zone swim Elite
25 DeNunzio	27 DeNunzio	28 DeNunzio	28 DeNunzio	DeNunzio	DeNunzio	DeNunzio
Grp 1 Grp 2 Grp 3 Senior Elite	Grp 1 off Grp 2 off Grp 3 off Senior Elite 6:15-8:15 Zone swimmers only	Grp 1 Grp 2 Grp 3 Senior Elite 6:15-8:15 Zone swimmers only	Grp 1 Grp 2 Grp 3 Senior Elite	Grp 1 Grp 2 Grp 3 Grp 4 Grp 5	Grp 1 Grp 2 Grp 3 Grp 4 Grp 5	Grp 1 Grp 2 Grp 3 Grp 4 Grp 5 Grp5