

MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 DeNunzio Grp 1 Grp 2 Grp 3 6:45-9:30am Senior 6:45-9:30am Elite 6:45-9:30am	2 Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	3 DeNunzio Grp 1 off Grp 2 6:15-8:45 Grp 3 off Grp 4 6:15-8:45 Grp 5 6:15-8:45 Elite 5:00-6:30AM	4 DeNunzio Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior off Elite off S&T 7:30-8:45	5 DeNunzio Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 off Senior 7:15-9:30 Elite 6:15-9:30	6 DeNunzio Grp 1 off Grp 2 off Grp 3 6:30-9:00 Senior 6:30-9:00 Elite 6:30-9:00	7 Dillon Grp 1 8:00-9:15 Grp 2 9:45-12:15 Grp 3 9:45-12:15 Senior 8:00-10:15 Elite 8:00-10:15 S&T 9:00-10:15 Elite 4:45-7:00 PM Rider
8 DeNunzio Grp 1 Grp 2 Grp 3 6:45-9:30am Senior 6:45-9:30am Elite 6:45-9:30am	9 DeNunzio Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	10 DeNunzio Grp 1 off Grp 2 6:15-8:45 Grp 3 off Senior 6:15-8:45 Elite 6:15-8:45 Elite 5:00-6:30AM	10 DeNunzio Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior off Elite off Try out 7:30-8:45	12 DeNunzio Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 off Senior 7:15-9:30 Elite 6:15-9:30	13 DeNunzio Grp 1 off Grp 2 off Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45 TYR Open	14 DeNunzio Grp 1 Grp 2 5:45-8:00 AM Grp 3 5:45-8:00 AM Senior 5:45-8:00 AM Elite 5:45-8:00AM S&T Elite 3:45-6:00
15 DeNunzio Grp 1 Grp 2 Grp 3 6:45-9:30am Senior 6:45-9:30am Elite 6:45-9:30am TYR Open	16 DeNunzio Grp 1 off Grp 2 off Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45	17 DeNunzio Grp 1 off Grp 2 6:15-8:15 Grp 3 7:45-9:45 JO Swimmer Senior 6:15-8:45 Elite 6:15-8:45	18 Rider/JW Grp 1 Grp 2 7:15-9:00 Rider Grp 3 7:15-9:00 Rider Senior 3:45-5:45 JW Elite 3:45-5:45 JW	19 DeNunzio Grp 1 Grp 2 6:15-8:15 JO Swimmer Grp 3 6:15-8:15 JO Swimmer Senior 6:15-8:45 JO Swimmer Elite 6:15-8:45 JO Swimmer	20 DeNunzio Grp 1 off Grp 2 off Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45 JO	21 DeNunzio Grp 1 Grp 2 Grp 3 Senior Elite 5:45-8:00AM Sectional Only JO Elite JO
22 DeNunzio Grp 1 Grp 2 Grp 3 Senior 6:45-9:30am Sectional Elite 6:45-9:30am Sectional JO	23 DeNunzio Grp 1 Grp 2 Grp 3 Senior 6:15-8:45 Elite 6:15-8:45 Sectional & Zone swimmers only	24 DeNunzio Grp 1 Grp 2 Grp 3 Senior 6:15-8:45 Elite 6:15-8:45 Sectional & Zone swimmers only	25 DeNunzio Grp 1 Grp 2 Grp 3 Senior 6:15-7:30 AM Elite 6:15-7:30 AM Sectional swimmers are leaving	26 DeNunzio Grp 1 off Grp 2 off Grp 3 Senior Elite 6:15-8:45 Zone Swimmers only	27 DeNunzio Grp 1 off Grp 2 off Grp 3 Senior Elite 6:15-8:45 Zone Swimmers only	28 Dillon Grp 1 off Grp 2 off Grp 3 off Senior Elite 9:45-12:00 Dillon Elite
28 DeNunzio Grp 1 Grp 2 Grp 3 Senior Elite	29 DeNunzio Grp 1 off Grp 2 off Grp 3 off Senior Elite 6:15-8:15 Zone swimmers only	30 DeNunzio Grp 1 Grp 2 Grp 3 Senior Elite 6:15-8:15 Zone swimmers only	Dillon Grp 1 Grp 2 Grp 3 Senior Elite	DeNunzio Grp 1 Grp 2 Grp 3 Grp 4 Grp 5	DeNunzio Grp 1 Grp 2 Grp 3 Grp 4 Grp 5	Dillon Grp 1 Grp 2 Grp 3 Grp 4 Grp 5 10:15-12:00 Zone Swimmers only