

# OCTOBER 2019

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<b>DeNunzio</b>		<b>DeNunzio</b>		<b>1 DeNunzio</b>		<b>2 DeNunzio</b>		<b>3 DeNunzio</b>		<b>4 DeNunzio/JW</b>		<b>5 Dillon/JW</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	off	Grp 1	6:15-7:45	Grp 1	6:15-7:45	Grp 1	off	Grp 1	8:00-9:15
Grp 2		Grp 2	off	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	off	Grp 2	9:45-12:15
Grp 3		Grp 3	6:15-8:45	Grp 3	off	Grp 3	6:15-8:45	Grp 3	off	Grp 3	7:45-9:30 JW	Grp 3	9:45-12:15
Grp 4		Grp 4	7:15-9:30	Grp 4	6:15-8:45	Grp 4	off	Grp 4	7:15-9:30	Grp 4	Senior 5:00-6:30AM	Grp 4	8:00-10:15
Grp 5		Grp 5	6:15-9:30	Grp 5	6:15-8:45	Grp 5	off	Grp 5	6:15-9:30	Grp 5	Elite 5:00-6:30AM	Grp 5	8:00-10:15
		HS(A)		Elite	5:00-6:30AM	S&T	7:35-8:45					S&T	9:00-10:15
						Elite						Elite	2:45-5:00 JW
<b>6 JW</b>		<b>7 DeNunzio</b>		<b>8 DeNunzio</b>		<b>9 DeNunzio</b>		<b>10 DeNunzio</b>		<b>11 DeNunzio/JW</b>		<b>12 Dillon</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	off	Grp 1	6:15-7:45	Grp 1	6:15-7:45	Grp 1	off	Grp 1	8:00-9:15
Grp 2		Grp 2	off	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	off	Grp 2	9:45-12:15
Grp 3	6:15-9:00AM	Grp 3	6:15-8:45	Grp 3	off	Grp 3	6:15-8:45	Grp 3	off	Grp 3	7:45-9:30 JW	Grp 3	9:45-12:15
Grp 4	6:15-9:00AM	Grp 4	7:15-9:30	Senior	6:15-8:45	Senior	off	Senior	7:15-9:30	Senior	5:00-6:30AM	Senior	8:00-10:15
Grp 5	6:15-9:00AM	Grp 5	6:15-9:30	Elite	6:15-8:45	Elite	off	Elite	6:15-9:30	Elite	5:00-6:30AM	Elite	8:00-10:15
				Elite	5:00-6:30AM	S&T	7:35-8:45					S&T	9:00-10:15
						Elite						Elite	3:45-6:00 DeNunzio
<b>13 DeNunzio</b>		<b>14 DeNunzio</b>		<b>15 DeNunzio</b>		<b>16 DeNunzio</b>		<b>17 DeNunzio</b>		<b>18 DeNunzio</b>		<b>19 Dillon</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	off	Grp 1	6:15-7:45	Grp 1	6:15-7:45	Grp 1		Grp 1	8:45-10:00AM
Grp 2		Grp 2	off	Grp 2	6:15-8:45	Grp 2	6:15-8:15	Grp 2	6:15-8:45	Grp 2		Grp 2	Make up on Friday
Grp 3	6:45-9:30AM	Grp 3	6:15-8:45	Grp 3	off	Grp 3	6:15-8:45	Grp 3	off	Grp 3		Grp 3	8:45-11:00AM
Senior	6:45-9:30AM	Senior	7:15-9:30	Senior	6:15-8:45	Senior	off	Senior	7:15-9:30	Senior		Senior	6:45-9:00AM
Elite	6:45-9:30AM	Elite	6:15-9:30	Elite	6:15-8:45	Elite	7:45-9:45	Elite	6:15-9:30	Elite		Elite	6:45-9:00AM
				Elite	5:00-6:30AM	S&T	7:35-8:45			Fall Festival meet		S&T	9:45-11:00AM
						Elite						Elite	3:45-6:00Dillon
<b>20 DeNunzio</b>		<b>21 DeNunzio</b>		<b>22 DeNunzio</b>		<b>23 DeNunzio</b>		<b>24 DeNunzio</b>		<b>25 JW/MHS</b>		<b>26 JW</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	off	Grp 1	6:15-7:45	Grp 1	6:15-7:45	Grp 1		Grp 1	8:45-10:00AM
Grp 2		Grp 2	off	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2	3:45-5:30 MHS	Grp 2	Make up on Friday
Grp 3		Grp 3	6:15-8:45	Grp 3	off	Grp 3	6:15-8:45	Grp 3	off	Grp 3	3:45-5:30 MHS	Grp 3	8:45-11:00AM
Senior		Senior	7:15-9:30	Senior	6:15-8:45	Senior	off	Senior	7:15-9:30	Senior	7:45-9:45 JW	Senior	6:45-9:00AM
Elite		Elite	6:15-9:30	Elite	6:15-8:45	Elite	off	Elite	6:15-9:30	Elite	7:45-9:45 JW	Elite	6:45-9:00AM
				Elite	5:00-6:30AM	S&T	7:35-8:45			Fall Festival meet		S&T	9:45-11:00AM
						Elite						Elite	3:45-6:00Dillon
<b>27 DeNunzio</b>		<b>28 DeNunzio</b>		<b>29 DeNunzio</b>		<b>30 DeNunzio</b>		<b>31 DeNunzio</b>		<b>1 Dillon</b>		<b>2 DeNunzio</b>	
Grp 1		Grp 1	6:15-7:45	Grp 1	off	Grp 1	6:15-7:45	Grp 1		Grp 1		Grp 1	7:45-9:00
Grp 2		Grp 2	off	Grp 2	6:15-8:45	Grp 2	6:15-8:45	Grp 2		Grp 2		Grp 2	7:45-10:30
Grp 3	7:45-10:30AM	Grp 3	6:15-8:45	Grp 3	off	Grp 3	6:15-8:45	Grp 3		Grp 3		Grp 3	7:45-10:30
Senior	7:45-10:30AM	Senior	7:15-9:30	Senior	6:15-8:45	Senior	off	Senior	6:15-8:45	Senior		Senior	7:45-10:30
Elite	7:45-10:30AM	Elite	6:15-9:30	Elite	6:15-8:45	Elite	off	Elite	6:15-9:30	Elite		Elite	7:45-10:30
				Elite	5:00-6:30AM	S&T	7:35-8:45		Halloween			S&T	8:45-10:00
						Elite						Elite	