

# SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 DeNunzio</b> Grp 1 Grp 2 Grp 3 Grp 4 Grp 5	<b>2 DeNunzio</b> Grp 1 Labor Day Grp 2 Grp 3 Grp 4 Grp 5	<b>3 DeNunzio</b> Grp 1 off Grp 2 6:15-8:15 Grp 3 off Senior 6:30-8:15 Elite 6:30-8:15	<b>4 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:15 Grp 3 6:15-8:15 Senior 7:45-9:45 Elite 7:15-9:45	<b>5 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:15 Grp 3 off Senior 7:15-9:30 Elite 6:15-9:30	<b>6 DeNunzio</b> Grp 1 off Grp 2 off Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45	<b>7 DeNunzio</b> Grp 1 7:45-9:00 AM Grp 2 7:45-10:30 AM Grp 3 7:45-10:30 AM Senior 7:45-10:30 AM Elite 7:45-10:30 AM S&T 8:45-10:00 AM Elite
<b>8 DeNunzio</b> Grp 1 Grp 2 Grp 3 7:45-10:30 Senior 7:45-10:30 Elite 7:45-10:30	<b>9 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	<b>10 DeNunzio</b> Grp 1 off Grp 2 6:15-8:45 Grp 3 off Senior 6:15-8:45 Elite 6:15-8:45	<b>11 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:15 Grp 3 6:15-8:45 Senior 7:45-9:45 Elite 7:15-9:45	<b>12 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:15 Grp 3 off Senior 7:15-9:30 Elite 6:15-9:30	<b>13 DeNunzio</b> Grp 1 off Grp 2 TBA Grp 3 TBA Senior Elite	<b>14 Dillon</b> Grp 1 10:45-12:00 Grp 2 Off Grp 3 Off Senior 10:45-1:00 Elite 10:45-1:00 S&T 11:45-1:00 Elite
<b>15 DeNunzio</b> Grp 1 Grp 2 Grp 3 Senior Elite	<b>16 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	<b>17 DeNunzio</b> Grp 1 off Grp 2 6:15-8:45 Grp 3 off Senior 6:15-8:45 Elite 6:15-8:45	<b>18 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:15 Grp 3 6:15-8:45 Senior 7:45-9:45 Elite 7:15-9:45	<b>19 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 off Senior 7:15-9:30 Elite 6:15-9:30	<b>20 DeNunzio</b> Grp 1 off Grp 2 off Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45	<b>21 Dillon</b> Grp 1 8:00-9:15 Grp 2 9:45-12:15 Grp 3 9:45-12:15 Senior 8:00-10:15 Elite 8:00-10:15 S&T 9:00-10:15 Elite
<b>22 DeNunzio</b> Grp 1 Grp 2 Grp 3 6:45-9:30 AM Senior 6:45-9:30 AM Elite 6:45-9:30 AM	<b>23 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	<b>24 DeNunzio</b> Grp 1 off Grp 2 6:15-8:45 Grp 3 off Senior 6:15-8:45 Elite 6:15-8:45	<b>25 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior off Elite off S&T 7:30-8:45	<b>26 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 off Senior 7:15-9:30 Elite 6:15-9:30	<b>27 DeNunzio</b> Grp 1 off Grp 2 off Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45	<b>28 Dillon</b> Grp 1 8:00-9:15 Grp 2 9:45-12:15 Grp 3 9:45-12:15 Senior 8:00-10:15 Elite 8:00-10:15 S&T 9:00-10:15 Elite 3:45-6:00
<b>29 DeNunzio</b> Grp 1 Grp 2 Grp 3 7:45-10:30 AM Senior 7:45-10:30 AM Elite 7:45-10:30 AM	<b>30 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 off Grp 3 6:15-8:45 Senior 7:15-9:30 Elite 6:15-9:30	<b>1 DeNunzio</b> Grp 1 off Grp 2 6:15-8:45 Grp 3 off Senior 6:15-8:45 Elite 6:15-8:45	<b>2 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 6:15-8:45 Senior off Elite off	<b>3 DeNunzio</b> Grp 1 6:15-7:45 Grp 2 6:15-8:45 Grp 3 off Senior 7:15-9:30 Elite 6:15-9:30	<b>4 DeNunzio</b> Grp 1 off Grp 2 off Grp 3 6:15-8:45 Senior 6:15-8:45 Elite 6:15-8:45	<b>5 Dillon</b> Grp 1 8:30-10:15 Grp 2 9:45-12:15 Grp 3 9:45-12:15 Senior 8:00-10:15 Elite 8:00-10:15 S&T 9:00-10:15 Elite 3:45-6:00